

Private Practice Therapist: LMFT, LCMHC, LCSW (provisionally licensed clinicians encouraged to apply; BIPOC preferred).

Family Solutions and Wellness Center, PLLC, is a private practice offering services in Durham, Cary, Wilmington and virtually throughout North Carolina.

We celebrate 3-4 day work weeks, have a supportive team culture, encourage exploring your passions, and work to minimize outside of session demands on our therapists.

Our priority is happy, healthy, and professional clinicians who provide excellent clinical care, have the autonomy and flexibility that nurture their personal lives, and whom have a workload/environment that prevents burnout. Neither you, your clients, or the business can thrive if systems do not support this.

What this position offers:

- Set your own schedule (3-4 day work weeks are encouraged)
- Unlimited time off
- Have actual work/life balance
- Freedom, autonomy, flexibility
- Learn how to niche down and work with your IDEAL clients
- Ability to leave work feeling appreciated, valued and respected
- Ability to advance through certifications and leadership opportunities
- Compensation that ranges from \$47-\$67/billable hour and \$20/admin hour (meetings, documentation time, etc), with built in raises per our standard fee agreement
- Comprehensive compensation package that includes employer taxes, workers comp, health insurance, Simple IRA with 3% match, free supervision for LMFT(A)s and LCMHC(A)s, free malpractice insurance, CEU and licensure reimbursement, free HIPAA secure telehealth platform, and marketing stipend to help attract your ideal clientele.

Hours Required:

Full time is considered 20 sessions/billable hours per week across 46 weeks, or 920 billable hours annually. *Part time opportunities are available at 15-18 sessions/billable hours per week.* We offer unlimited time off, allowing you to manage your caseload to your liking and reach the 920 minimum in whatever way works best for you and your clients. (Some clinicians may offer evening and weekends in order to have more days off, while others stick to 3-4 weekdays).

To be considered for this position, applicants must:

- Hold a professional North Carolina license
- Have training in couples counseling (Gottman, EFT, or other modality), trauma (EMDR, Brainspotting), maternal mental health, CPT, DBT, somatic approaches, or other specialized treatment areas.
- Have a reliable computer
- Be reasonably responsive via e-mail and uphold professional and proper email etiquette
- Have a dedicated private and secure space in which to hold sessions without interruption (if providing telehealth from home), and maintain proper attire, lighting, and focus when providing virtual sessions
- Be able to accurately record session codes, locations, tx focus, tx interventions, follow up plans, safety assessment, follow up session information, session payments, and non-session contact notes.
- Be able to timely document and submit all billable services.
- Be informed and competent as it relates to upholding legal and ethical requirements related to delivery of and documentation of services

The ideal candidate is someone who:

- Is actively anti-racist and aware of their intersections of oppression; BIPOC clinicians preferred
- Is passionate about working with the LGBTQIA+ community
- Wants to be the best therapist for their clients
- Lifts up their colleagues and upholds positive and supportive work environment
- Can establish proper therapeutic boundaries
- Is willing and vulnerable enough to examine self-of-the-therapist feelings, challenges and growth areas
- Is a lifelong learner
- Loves the ease of group practice employment (not planning on opening their own private practice)
- Able to constructively and promptly communicate concerns and aid in the collaboration of meeting said needs so that frustration, dissatisfaction, or resentment does not fester
- Able to be reliable to their clients (infrequent canceling or rescheduling on behalf of the therapist's needs), and manage their caseload independently

Mission Statement:

FSWC provides individual, couple, and family counseling and wellness services to promote individual and relational wellbeing, health, and optimal functioning.

Our symbol of a lotus flower reflects our beliefs on the world and therefore how we deliver services. The lotus flower emerges from mud and murky waters with cleanliness and beauty. We believe that life inherently produces mud and murky waters at times, and that we all have the ability to push through, overcome, and/or bloom with beauty and strength.

The blue lotus specifically represents one's happiness, wellbeing and "victory of the spirit."

Not tied to religion, we hope to use our training and specialties to help our clients find and embrace a sense of hope, peace, and happiness no matter what their journey has been or what they are presently facing. Holistically, we focus on wellness through a biopsychosocialspiritual lens.

Vision Statement:

FSWC strives to be a safe and professional home throughout North Carolina for clients to receive specialized care from a well-trained, ethical, trusting, non-judgmental, and authentic provider.

Practice Values:

Our clinicians value the ethical principles of Autonomy (client right to make decisions for themselves), Beneficence (be helpful), Non maleficence (do no harm), Fidelity (keep promises), and Justice (act fairly). We value customized services as no two clients are alike. We value trust, hope, expertise and authenticity. We honor and respect the uniqueness of each person we treat – their culture, family, values, beliefs and personal identity.